

Medi-Cal Service Options for Homeless Individuals in Los Angeles

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California Department of Health Services
"To Protect and Improve the Health of All Californians"



Medi-Cal Service Options

- Medical Case Management (MCM)
- Home & Community-Based Services Waivers
- The Assisted Living Waiver Pilot Project
- Targeted Case Management
- Coordinated Care Management
- Healthcare Coverage Initiative



Medical Case Management (MCM)

- Facilitates and coordinates care for Medi-Cal beneficiaries with chronic and/or catastrophic illnesses, requiring medically intensive services.



MCM Case Managers

- Collaborate with the beneficiary's physician and/or provider to develop and implement a treatment plan
- Coordinate and facilitate the expedited authorization of medically necessary services
- Assist in linking the beneficiary with other programs and resources



Examples of Services Authorized by MCM

- Home Health services
- Out-patient therapies
- IV Antibiotics
- Durable Medical Equipment
- Short-term SNF placement
- Transportation
- Prosthetics and orthotics



Home & Community-Based Services (HCBS) Waivers

- An array of services designed to support individuals in their home or community setting as an alternative to care in a facility.



HCBS Waiver Services

- Case Management
- Transitional Case Management
- Private Duty Nursing
- Shared Private Duty Nursing
- Environmental Accessibility Adaptations
- Personal Emergency Response Systems
- Personal Care Services
- Family Training
- Utility Coverage
- Waiver Service Coordination
- Respite



HCBS Waiver Providers

- Licensed Medi-Cal Certified Home Health Agencies
- Individual Nurse Providers – RNs/LVNs
- Unlicensed Caregivers
- Durable Medical Equipment Providers
- Professional Organizations



CMS Waiver Requirements

- Demonstrating that providing waiver services to a target population is no more costly than the cost of services these individuals would receive in an institution.
- Ensuring that measures will be taken to protect the health and welfare of consumers.
- Providing adequate and reasonable provider standards to meet the needs of the target population.
- Ensuring that services are provided in accordance with a plan of care.



Assisted Living Waiver Pilot Project (ALWPP)

- Three-year pilot in Los Angeles, Sacramento, and San Joaquin counties
- Services provided in:
 - Residential Care Facilities for the Elderly
 - Publicly Subsidized Housing
- Beneficiaries have a nursing facility level of care



ALWPP Services Include:

- Assistance with dressing, grooming, bathing & personal hygiene
- Assistance with medication
- Assistance with medical & dental care
- Supervision with schedules & activities
- Assistance with financial matters
- Monitoring nutritional status
- Transportation



The ALWPP in Residential Care Facilities for the Elderly

- Single occupancy units
- Adequate common space
- Awake staff 24 hours a day*
- Hospice waiver
- Kitchenettes*
- Call systems

* Waived for 6-bed facilities



The ALWPP in Publicly Subsidized Housing

- The housing provider is distinct from the service provider (HHA)
- HHA coordinates meals, housekeeping and laundry services
- Anticipate that the ALWPP will be operative in this setting in 2007



Targeted Case Management (TCM)

- Specialized case management services to targeted Medi-Cal-eligible individuals to increase access to needed medical, social, educational, and other services.



TCM Services

- Assessment of needs
- Development of a service plan
- Linkage and consultation services
- Crisis assistance planning
- Assistance with accessing services
- Periodic evaluation of service effectiveness



TCM Providers

- TCM services are provided by Local Governmental Agencies (counties and chartered cities) under contract with the California Department of Health Services.



Coordinated Care Management (CCM)

- A demonstration project to test approaches for meeting the needs of high-end users of the medical system
 - Enhance coordination of care
 - Improve health outcomes
 - Provide care in a more cost-effective manner



CCM Target Populations

- Seniors and persons with disabilities who have chronic conditions, and may be seriously ill, or near the end of life
- Persons with chronic health conditions and serious mental illness

Participants must be enrolled in the Fee-for Service Medi-Cal program and not be on Medicare



CCM Demonstration Project

- Key Elements:
 - Comprehensive care planning
 - Patient education
 - Ongoing monitoring
- January 2008 implementation in 3-4 counties
- 5-year project term



Healthcare Coverage Initiative

- Senate Bill 1448 (Kuehl) provides statutory framework to provide coverage to the uninsured.
- Makes available \$180 million of federal funds for eligible applicants to develop healthcare coverage programs for uninsured individuals
- May build on existing health care programs for the uninsured that are currently in place at the local level.
- At a minimum, the proposed program must offer the following:
 - Enrollment processes with a health coverage card
 - Designation of a medical home with an assigned primary care provider
 - Use of a medical record
 - Quality monitoring for health care outcomes



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